Welcome to another exciting year in the Psychology Department! In our first issue of the year, get the inside scoop on interesting topics, our faculty highlight, announcements, and our alumni spotlight!

And hey freshmen—we’ve got your back… reach out and make some lifelong connections with us!

Let’s do this…

--Dr. Moore

**Psychology of Developmental Disorders and Delays (PSYC 310)**

Taught by Dr. Martha Mendez-Baldwin, this course surveys a wide range of childhood psychological disorders from a developmental perspective. In particular, diagnostic criteria, etiology, and treatment of behavioral, emotional, developmental, and personality disturbances in children and adolescents will be addressed. Empirical and theoretical foundations related to these delays and disorders will be discussed.

**Offered periodically… be on the lookout!**
*Where did you go to school?*
I graduated from the University of Pennsylvania in 2010 with a Ph.D. in clinical psychology.

*What is the focus of your research?*
My primary research interests broadly revolve around the impact of trauma on the individual and on the communities they inhabit. I am especially interested in individual reactions to political violence, and specifically what impact their cultural context may have on these reactions. While clinical psychologists have devoted considerable energy to the research of trauma-related mental illness with the advent of the posttraumatic stress disorder (PTSD) diagnosis over 30 years ago, research on the ethnocultural variations in posttraumatic stress reactions is still in its nascent stages. There are many unanswered questions that are important for global mental health, such as the extent to which depression and anxiety symptoms in the wake of trauma are expressed the same or differently across cultures, the causes (or mechanisms) behind any differences that exist, and if there are cultural differences in post-traumatic growth. If you have an interest in anxiety, trauma, and global mental health, come talk to me!

*What psychology classes do you teach?*
I teach Statistics, Research Methods, Cultural Psychology, Psychological Testing, and a first year seminar on Psychological Trauma. I have also taught a first year seminar on the psychological factors that promote conflict and promote peace.

*Which undergraduate course did you find most influential, and why?*
The undergraduate course that influenced me the most was actually a medieval English literature course that I took in my sophomore year of college. The professor was this zany character who did a superb job of demonstrating why the dominant themes of medieval English literature were relevant to the modern world. Class was always engaging and frequently hilarious. When I became a college professor, I adopted many of this professor’s teaching techniques.

*What do you do when you’re not doing research or teaching?*
I spend a lot of time with my wife, Jenny and my 5-year-old daughter Anna (that’s her in the picture with me, looking a bit grumpy). We are actually expecting a second daughter in January 2018! During my free time, I like to cook and bake (bread and cakes are a specialty of mine) and read non-fiction. I also like to see live music when I can!

*Now for some fun! What do you do for entertainment?*
I just finished reading “Why Buddhism is True” by Robert Wright, which argues that much of Buddhist philosophy is now empirically supported, in particular by research from the field of evolutionary psychology – I highly recommend it! Favorite TV shows in our home include “Jane the Virgin,” “The Good Place,” and “The Middle.” Over the summer, I saw three stellar movies – “The Big Sick,” “War for the Planet of the Apes,” and “Baby Driver.”
It’s time to apply for Psi Chi!

Looking for a great way to get involved? Apply to be a member of **Psi Chi**, the international honor society in psychology. One of the largest honor societies in the United States, Psi Chi values superlative scholastic achievement and interest in the discipline of psychology.

The Manhattan College Chapter requires:
1) 12 completed credits in psychology
2) Declared major or minor in psychology
3) An overall GPA of 3.4
4) Psychology GPA of 3.4

How to apply-- by Wednesday September 13\textsuperscript{th} at 12:00 (noon):

- Fill out the online application at: [http://www.psichi.org/?page=become_member](http://www.psichi.org/?page=become_member)
- Submit a copy of your transcript (print from Degree Works or get an unofficial copy from Registrar’s Office)
- Submit $75 in cash or a check made out to Martha Mendez-Baldwin, which includes $55 registration fee plus $20 chapter dues

Transcripts and money are to be given to MaryEllen LaMonica or Syrita Newman in Miguel 405.

An induction ceremony and reception will be held in April.
Help homeless kids succeed by donating to the School Supply Drive

Sponsored by Arches Psychology Class

School supply collection bins are located around campus and outside MEM 408.

Supplies will be donated to Hunts Points Middle School and the Coalition for the Homeless

Collection ends September 15th!

Dr. Zella Moore

-Has just published two journal articles. One article, entitled “An exploration of the mediators between childhood maltreatment and intimate partner violence” was published with co-author and former Manhattan College psych major, Elizabeth Smyth, PsyD, in Violence & Victims. The second article, entitled “Clinical sport psychology: From athletic performance to psychological well-being,” was published with co-author and recent MC psych graduate Kehana Bonagura, in Current Opinion in Psychology.

Dr. Nuwan Jayawickreme

-Has two journal articles currently in-press. First, along with co-authors C. Mootoo, C. Fountain, A. Rasmussen, E. Jayawickreme, & R. Bertuccio, the article “Post-conflict struggles as networks of problems: A network analysis of trauma, daily stressors and psychological distress among Sri Lankan war survivors,” will appear in Social Science and Medicine. (Note: Rebecca Bertuccio was a student at Manhattan College). Secondly, along with co-authors E. Jayawickreme, C. Zachry, & M.A. Goonasekera, the article “The importance of positive need fulfillment: Evidence from a sample of war-affected Sri Lankans,” will appear in American Journal of Orthopsychiatry.

**Want to get involved in faculty-led research programs? Now’s the time to reach out to faculty to form these relationships! You’ll need to get onboard with a faculty member now to be considered for a research assistantship. It’s a selective process, so don’t wait or spots for next semester will be taken!
Dr. Elizabeth Smyth is a proud Manhattan College graduate. Majoring in Psychology, she earned her BS degree with honors in 2009 under the mentorship of Drs. Friedenberg and Moore. Afterward, she attended Kean University in New Jersey where she obtained her Master of Arts in Educational Psychology in 2012 and Doctorate of Psychology in Combined Clinical and School Psychology in 2014. She is now a licensed psychologist in the states of New York and Texas.
Faculty at a Glance

**Full-time Faculty:**
- Kim Fairchild, Ph.D.
- Jay Friedenberg, Ph.D.
- Nuwan Jayawickreme, Ph.D.
- Arno Kolz, Ph.D.
- Kelly Marin, Ph.D.
- Maria Maust-Mohl, Ph.D.
- Martha Mendez-Baldwin, Ph.D.
- Zella Moore, Psy.D.
- Danielle Young, Ph.D.

**Adjunct Faculty:**
- Faith Florer, Ph.D.
- James Reidel, Ph.D.
- Robert Rivera, M.A.
- Asghar Sajadian, Ph.D.

Follow us on social media!
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Twitter: @MC_Psychology

Learn more about our department on our homepage:

Something you’d like to see in an upcoming issue of the **Standard Deviation**? Let us know!
Email: zella.moore@manhattan.edu